

# FRIENDSHIP MANOR NEWSLETTER

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## Spring Is Sprung-ing

*Warmer weather comes to the Manor at long last*

**In this issue:** After the coldest winter in recent memory (coldest for those spoiled by Santa Barbara), the temperature appears to be rising and that means more activities by the pool. Below is a pic of an event with refreshments and Girl Scout Cookies being sold – such a gorgeous day.

Page 2 has another photo of an outdoor music event, as well as the Ukulele Lulus playing their hearts out in Jamison Hall. Keep on eye on your calendars for more great indoor and outdoor events, including Jazz by the Pool in July, an annual event. — And finally, you will find articles on the Beauty Salon and Bingo. Read-all-about-it on page 3.



### April Highlights

#### April 1

Ice Cream Social – Dining Room

#### April 6

Renee Hamaty – Jamison Hall

#### April 14 & 18

Book Mobile

#### April 3

**R**esident Support Group – E Lounge Conference Room (every Friday)

#### April 12

Karaoke – B Lounge

#### April 15

Hot Dog BBQ – with music by The Dixie Daddies

#### April 27

RSC Meeting –6:30pm in Jamison Hall

#### April 25

Pizza Party – with music by Crescendo for A Cause

#### Resident Support Meeting

with **Betty Chackel** – Fridays at 10:30am in the E Lounge Conference Room (See article on the back page)

#### Local Walks & Joy Rides and Shopping & Medical Van Trips

with **Chris and Richard** – Sign up on the slant boards in the Lobby (rides) and at Reception (medical).



## MUSIC AT THE MANOR

There's always a lot of musical entertainment at the Manor, thanks to expert selections chosen by Activities Director Chris. Whether amateur or professional, he books very talented and entertaining performers chosen to please all musical tastes.

Below is a photo of Alison and Mark playing and singing Jazz Standards out by the pool on a balmy day; and at the bottom there's a pic of a new group to the Manor, the Ukulele Lulus bringing merriment and good times to Jamison Hall.





## AROUND THE MANOR

### BEAUTY SALON — FOR WOMEN AND MEN ALIKE

One of the least heralded but nonetheless integral features of the Manor is the Beauty Parlor in the D Building, with a great view of the A Courtyard.

Emily presides over the shop, as she has done for quite a few years now, providing services to both women and men — at very reasonable rates for wash & dry, cuts, perms, manicures, pedicures and (tah-dah!) haircuts for men. And quite a few men also avail themselves of pedicures from Emily because, let’s face it, getting at your feet becomes more problematic the older you get.

Again, the prices are very reasonable — much less than you would pay out in the world — so Residents can save themselves a lot of money and hassle by just going to Emily, right here on site. She’s exquisitely professional and makes appointments on Tuesdays and Fridays, so give her a call and schedule your time in the chair. And she’s got great stories, too!



### BINGO!

Old fashioned – sure. Boring – not.

Bingo at the Manor is time-honored tradition, and Bingo-caller Larry keeps it lively and fun. Each card is only 25 cents and most Residents play at least four. Tuesdays and Thursdays, starting at 2pm. you can have entertainment – and refreshments, thanks to Larry – make the afternoon fly by. And you could be the big winner!

Come have fun with Larry and the crew in the B Lounge and even get your exercising done for the week. Highly recommended for all Manor Residents.



**RESIDENT SUPPORT**

**Got a question, a concern, or are you a new Resident with questions about how to navigate the Congregate Living situation of the Manor?**

Betty Chackel's regular Friday meeting in the E Lounge may be for you!



Betty is a great listener and problem solver, the meetings are private and friendly, and she's been helpful to many Residents. Plus, it's a good way to catch up on news of the Manor and feel you have a voice that's being heard.

Betty's meetings are every **Friday at 10:30 am** in the **E Lounge Conference Room** – which is adjacent to the upstairs Library.

**DOROTHY'S CORNER STORE**

**All profits from every purchase** go to fund movies in Jamison Hall, the B Lounge wi-fi and copier, and much more. Support your Corner Store and shop this valuable resource in the B Lounge, open Monday, Wednesday and Friday from 1:00 to 2:30 pm. Come and shop local!



And for 24/7 snacks and sodas, remember the machines adjacent to the Corner Store. A portion of those proceeds also go into the RSC general fund for Resident services.



**April Birthdays**

- 4/2** Ananda Dalidd
- 4/4** Livanna Beltran
- 4/5** Judy Hughes
- 4/8** Elizabeth Alegri
- 4/11** John Squires
- 4/14** Mary Reese-Upton
- 4/16** Ed Weddle
- 4/23** John Glowicki
- 4/24** Karen Hess
- 4/25** Catherine Cline
- 4/28** Mary Dugan

